



# REVIEWS

## BOOKS

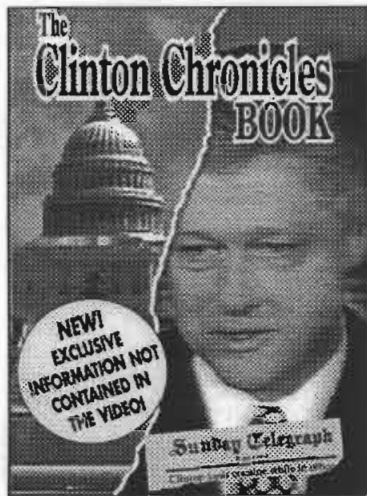
Reviewed by Ruth Parnell

### THE CLINTON CHRONICLES BOOK edited by Patrick Matrisciana

Published by Jeremiah Books ('94), USA  
ISBN 1-878993-63-1 (316pp s/c)  
Price: USD\$12.95 + USD\$3.50 p&h;  
foreign p&h add USD\$6.50

Available: **USA**—Citizens for Honest Government, PO Box 220, Winchester, CA 92596, ph (909) 652 1006.

When serious allegations about the integrity of US President Bill Clinton were made in



*The Clinton Chronicles* video in 1994, reactions amongst viewers were of surprise, shock and outrage. Not that these allegations were new, but seeing them all together on video gave them enormous impact.

*The Clinton Chronicles Book* expands on

the information in the video and provides documentation to support the claims made by former Clinton colleagues, state troopers, judiciary and retired military personnel among others. Compiled by the Citizens for Honest Government, the material covers Bill Clinton's rise to power in Arkansas and to the White House—against the backdrop of alleged drug-running through Mena airport and drug-money laundering by the Arkansas Development Finance Authority, the sweetheart deals with powerful Arkansan identities, the promiscuous lifestyles, the outrageous media bias, Clinton's New World Order aspirations, and much more.

This non-profit group has followed a trail of lies, deception and corruption as well as the intrigue over a number of mysterious deaths surrounding the Clintons—including the 'suicide' of Vince Foster. Typically, the Clinton machine's damage control unit has done its utmost to quash the credibility of the witnesses who have related their experiences at great personal risk—but without refuting the evidence presented.

With Whitewater hearings in progress and a presidential election looming, this book is essential reading as this background information is still unlikely to make it into the mainstream media.

### FOREIGN BODY The Secret Life of Robert Maxwell by Russell Davies

Published by Bloomsbury Publishing Plc (1995), London, UK  
ISBN 0-7475-2608-7 (230pp h/c)  
Price: AUD\$39.95; NZD\$49.99;  
STG£14.99; CAN\$39.95

Available: **Australia**—Dist. by Allen & Unwin, ph (02) 901 4088; **NZ**—Hodder

Moa Becket, Auckland, ph (09) 478 1000; **UK**—Dist. by Bloomsbury, ph 0171 494 2111; **Canada**—Raincoat Books, Vancouver, ph (604) 323 7100.

Media magnate and publisher Robert Maxwell not only had a larger-than-life persona to match his physical dimensions, but had a grandiose vision of himself and his place in the international scheme of things.

In *Foreign Body*, freelance writer/broadcaster Russell Davies (who managed never to work for the man) pieces together a fascinating portrayal of Maxwell: his impoverished upbringing; the origins of his business success via the military intelligence community in the War years and his ongoing associations with several intelligence agencies; his rise as a British Labour MP; his publishing excursions at home and abroad; and his behind-the-scenes diplomacy with world leaders especially in Soviet Russia, Eastern Europe and Israel. Davies describes how Maxwell, with his strong measure of bravado and desire for self-promotion, took on the world. How certain leaders and top officials reacted to him reveals something of Maxwell's narcissistic character and international political agenda—which, as Davies argues, had a seeming lack of direction to it. Regardless of which, if any, side he was on or negotiating for, somehow Maxwell always managed to divert some power and resources into his own coffers.

While Maxwell's financial legacy has been well-documented by others, Davies concentrates on the lesser-known myth behind the man, and yet Maxwell still remains mysterious even beyond his untimely death at sea in 1991. Perplexing as he was, Robert Maxwell possibly became too influential a private world citizen for his own good.

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## BOOKS

### CANCERPROOF YOUR BODY

by Ross Horne

Published by Angus & Robertson/  
HarperCollinsPublishers (1996), Australia  
ISBN 0-207-18900-5 (208pp s/c)  
Price: AUD\$16.95; NZD\$24.95;  
STG£7.99

Available: **Australia**—Dist. by Harper-  
CollinsPublishers, ph (02) 952 5000, fax  
(02) 952 5666; **NZ**—Dist. by Harper-  
CollinsPublishers, ph (09) 443 9400, fax  
(09) 443 9403; **UK**—Dist. by Harper-  
CollinsPublishers, ph 0181 741 7070.

It is obvious that modern medical science has failed to solve the problems of cancer, according to author Ross Horne who has devoted 30 years to health research. In his latest book, *Cancerproof Your Body*, Horne details the easily avoidable processes within the body that lead to cancer; what cancer is and how it develops; and how, with the proper steps, these processes can be reversed.

As Horne points out, the key to understanding cancer is to rectify the cause and not blindly attack the effect—the tumorous growth. This means a return to the proper management of the environment within and without your body, i.e., looking at what you eat and how you prepare it, and avoiding immune system-disrupting factors such as air pollution, chemicals, drugs, mercury absorbed from teeth fillings, smoking, stress, strong electric fields, and so on. He presents several cases where spontaneous remission occurred once the body was free of harmful influences, provided with ideal nourishment and imbued with positive mental attitude.

Horne makes a strong case for fruitarianism as the most fundamental natural diet for human health and longevity. As for the range of 'healthy' diets from which to choose—Hunza, macrobiotic, vegan, raw food, Gerson, Pritikin—Horne gives tips on which have the best cancer-protection capabilities.

This is a very accessible book whose primary message is that healthy people don't get cancer. Considering that one in four deaths are cancer-related, we would be wise to follow Ross Horne's advice.

### THE WATER YOU DRINK

How Safe Is It?

by John Archer

Published by Pure Water Press (1996),  
Australia

ISBN 0-646-26524-5 (120pp s/c)  
Price: AUD\$13.50 + \$2.00 p&h; NZ  
airmail add AUD\$6.00; Asia airmail add  
AUD\$8.00; USA/Canada airmail add  
AUD\$10.00; STG£9.95

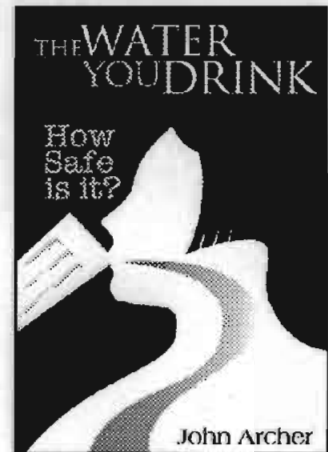
Available: **Australia**—Pure Water Press,  
41 Cornelian Rd, Pearl Beach NSW  
2256, ph +61 (0)43 41 5149; **UK**—  
Whale Books, Kentchurch, Hereford, ph  
01981 240125, fax 01981 240749.

Water is indispensable to our health, yet how often do we take for granted the quality of the water we drink and in which we bathe? And when someone like author John Archer points out what's really wrong with Australian drinking water, why should one authority—Sydney Water—dismiss these assertions as "alarmist" and threaten to sue him? Unfortunately, once the truth is known, there is very good reason to distrust the honesty and integrity of an authority that swears by the safety of its water.

In *The Water You Drink*, John Archer updates his 1991 best-seller, *On the Water Front*, with the latest facts and figures to prove that what's considered 'safe' is contaminated with toxic chemicals and even the insidious chlorine-resistant *Cryptosporidium* parasite. He reveals that the public water supply contains treated hospital waste-water comprising a cocktail of hormones and drugs which are neither tested nor removed from the supply—and it sure isn't brimming over with life-force.

Archer cites evidence from a 1992 report commissioned by the Sydney Water Board (now Sydney Water) which estimated that "between 4,280 and 13,780 illness days per year, and 100 deaths per year" result from drinking Sydney's water.

Archer provides key information on the hazards that are rife in our water supplies, and advice on how to overcome most of them with appropriate purification and storage techniques that are relevant no matter where you live.





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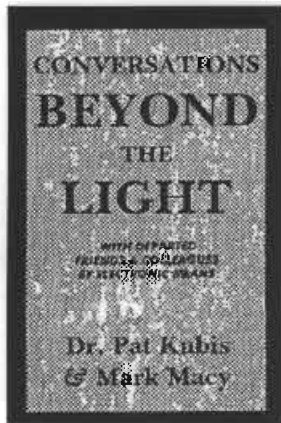
### CONVERSATIONS BEYOND THE LIGHT

by Dr Pat Kubis and Mark Macy

Published by Griffin Publishing with Continuing Life Research (1995), USA ISBN 1-882180-47-X (179pp s/c) Price: USD\$12.95 + USD\$2.00 p&h USA & Canada; foreign orders add USD\$2.00 surface mail or USD\$7.00 airmail

Available: **USA**—Continuing Life Research, PO Box 11036, Boulder, CO 80301, ph/fax (303) 673 0660.

With the advent of high-tech communication systems comes some rather convincing evidence for the continuation of life after death. The Luxembourg-based paranormal research group, CETL, has been receiving video messages from 'the other side' since 1986 and, more recently, cross-dimensional communications—pictures and text—via computer hard drives and printouts.



According to authors Dr Pat Kubis and Mark Macy, CETL researchers are in touch with a third or mid-astral plane group called Timestream, made up of scientists who have passed on but who still desire to continue their life's work from other dimensions—scientists like Tesla, Edison, Einstein, Curie, the 16th century physician Paracelsus, and lesser-known researchers who were working in the field of electronic voice production (EVP) before their deaths. They claim their efforts are assisted by beings on planes higher than the mid-astral.

*Conversations Beyond the Light* is a fascinating analysis of some of the communications that have been transmitted and received. The evidence would seem to constitute valid proof of the existence of an afterlife and, indeed, a vast variety of choices available to the individual depending on soul purpose and desires. We find out what life is like in other dimensional locales, what it's like to speak with departed loved ones, and are given sound spiritual advice on reincarnation and abortion, heaven and hell, the Akashic records and even how to conduct your own EVP and ITC research.

### ALTERNATIVE MEDICINE

#### The Definitive Guide

compiled by Burton Goldberg Group

Published by Future Medicine Publishing, Inc. (1994), USA ISBN 0-9636334-3-0 (1,068pp l/f h/c) Price: AUD\$95.00; STG£49.95; USD\$69.90 inc. p&h; CAN\$106.42 inc. p&h, GST

Available: **Australia**—Bookshops; enquiries, ph Reyna Matthes, (02) 9948 5799; **UK**—Whale Books, Kentchurch,

Hereford, ph 01981 240125, fax 01981 240749; **USA**—Future Medicine Publishing, Inc., 5009 Pacific Highway East, Suite 6, Fife, WA 98424, ph (206) 922 9550, toll-free 1 800 333 HEAL.

This is a comprehensive reference guide to almost the entire range of alternative medicinal treatments available today. The resource includes contributions from around 350 alternative medicine practitioners and consultants, and is a great sourcebook for professionals and laypersons alike.

This hefty, 1,068-page book opens with an overview of the future of medicine, pointing out that the general public is turning to alternative medicine in a big way and is seeing that conventional medicine no longer adequately meets all their health needs. The crisis in modern medicine is further highlighted with discussion of medical freedom and the politics of health care, focussing on the tainted role of the FDA and the harassment and persecution of a number of luminaries in the alternative field.

The guidebook then details alternative therapies from acupuncture to yoga, each generous entry accompanied by recommended reading pointers and listings of where to go to find help or how to help yourself at minimal cost where possible. Most of these listings, however, are geared towards American readers, but with a little fact-finding, any interested persons are still given enough information to find appropriate contacts in their regions.

Another extensive section covers specific health conditions for which a number of alternative treatments are suggested, referring the reader to the section heading for that treatment. Well worth the investment.

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## BOOKS

### THE GREATEST FRAUD: FLUORIDATION

by Philip R. N. Sutton

Published by Kuranda Pty Ltd (1996),  
Australia

ISBN 0-949491-12-8 (316pp s/c)

Price: AUD\$18.50 inc. p&h;

AUD\$21.00 economy air to NZ;

AUD\$25.00 economy air elsewhere

Available: **Australia**—The Publisher, PO  
Box 22, Lorne, Victoria 3232.

Water fluoridation is compulsory mass medication and is a serious assault not only on our health but on our democratic freedoms. In *The Greatest Fraud:*

*Fluoridation*, Dr Philip Sutton reminds us that the practice is unsafe, unscientific, unethical and illogical.

Dr Sutton, who died in early 1995 but whose work was completed by his daughter-in-law, was an Australian doctor of dental science whose 1960 monograph, "Fluoridation: Errors and Omissions in Experimental Trials" detailed irrefutable proof of the dangers of fluoridation. Still sought after, the monograph is reproduced within this book, with Dr Sutton's replies to his detractors included.

Unfortunately, fluoridation is still prevalent worldwide, and part of the problem is that medical practitioners and health authorities have never re-examined the statistical results of the early trials. If they did, they would have to conclude that fluoride is actually a dismal failure in preventing dental caries—as Dr Sutton pointed out in 1960. Indeed, if it doesn't work, why should it be used at all, and if it's aimed at children's dental health, why is the general populace of all ages and health states subjected to fluoride dosages over which they have no control?

Dr Sutton goes into exhaustive detail to examine the 50-year-old unproven fluoridation hypothesis, the statistical analysis used in conducting trials, the history of studies that have been performed in Australia, New Zealand, UK, USA and elsewhere, fluoride's toxic nature and effects, and the possibility of a secret mind-control agenda having been adopted by vested interests.

### GRAVITATIONAL FORCE OF THE SUN by Pari Spolter

Published by Orb Publishing Company  
(1994), USA

ISBN 0-9638107-5-8 (270pp h/c)

Price: USD\$29.95; Aust/NZ airmail add

USD\$16.45; STG£20.00

Available: **USA**—Orb Publishing  
Company, 11862 Balboa Blvd, #182,  
Granada Hills, CA 91344-2753, ph (818)

363 2003, toll-free 1 800 879 4214, fax  
(818) 363 6965; **UK**—B. H. Blackwell,  
48-50 Broad St, Oxford, OX1 3BQ,  
England, ph 01865 792792; **Germany**—  
Dietmar Dreier, Duisburg, ph +49  
(0)2065 775533.

Any new theory that challenges accepted wisdom is bound to upset academia, and this is what physicist Dr Pari Spolter has done with publication of her book, *Gravitational Force of the Sun*. Often such theories don't make it past the peer review process, so Dr Spolter set up her own publishing company to ensure that her theories make it into print.

For centuries, the mystery of gravitation has fascinated scientists like Galileo, Brahe, Kepler, Huygens and Newton to mention a few, and here Dr Spolter discusses their theories, where they succeed and where they fall down. She points out not only what is wrong with Newton's universal law of gravitation, but offers a new explanation that obviates the need to include mass in the equation for gravitational force. Dr Spolter also attacks Einstein's general theory of relativity, showing where certain assumptions make his theory incorrect, and lists all the observations that the theory does not explain, such as the rotation of the celestial bodies.

Indeed, Dr Spolter maintains that all celestial phenomena can be explained in terms of classical physics and mathematics. She gives a single, simple equation, derived from experimental observations, for the gravitational force of the Sun and the planets—"the product of the acceleration and the area of a circle with radius equal to the semimajor axis of revolution". She shows that the sequential mean distances of the planets from the centre of the Sun follow an exponential law, and therefore concludes that gravity is quantised.

*The Gravitational Force of the Sun* is a well-argued, well-documented, thought-provoking volume which should be read by students and teachers of physics, astronomy, and mathematics for the important contribution it makes to furthering scientific enquiry. The companion text, *The Gravitational Force of the Proton*, is soon to be released.

### HEALTHY HOME AND HEALTHY OFFICE: Sick Building Syndrome, Indoor Pollution and Solutions

by Reinhard Kanuka-Fuchs

Published by Harald Tietze (1996),  
Australia

ISBN 0-646-27440-6 (91pp s/c)

Price: AUD\$9.95 + AUD\$3.00 p&h;

foreign orders add AUD\$5.00 p&h;

NZD\$14.80; STG£7.95

Available: **Australia**—Harald Tietze, PO  
Box 34, Bermagui, NSW 2546, ph (064)  
93 4552, fax (064) 93 4900; **New**



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## BOOKS

**Zealand**—Haywards Books, 17 The Esplanade, Kauri Point, Katikati, BoP, ph/fax (07) 549 1666; **UK**—Whale Books, Kentchurch, Hereford, ph 01981 240125, fax 01981 240749.

New Zealand-based building biologist and ecologist Reinhard Kanuka-Fuchs wrote this booklet to raise people's awareness of the relationship between "sick building syndrome" and our health. In it he stresses that we are putting ourselves at serious risk by exposing ourselves to low-level, long-term pollution, be it from polluted air, contaminated food and water, chemical residues and outgassings in our home and office environments, electromagnetic radiations and Earth ray interference.

Kanuka-Fuchs backs up his argument with statistics showing how our environment has become a health hazard, but he also provides essential information on how to combat this pollution problem by replacing the offending hazards with ecologically sound ones.

His is a total approach, incorporating not only physical factors but emotional, mental and spiritual; thus, our environments should be designed to consider people in an holistic sense and to support, not drain, our precious energy. Unfortunately, our ability to realise that we even have a problem, let alone be able to do something about it, can be subdued in an unhealthy environment, be it at home or at work. We have to guard against mental toxins—negativity—permeating our thinking, feelings and surroundings. No more 'helter-skelter'!

*Healthy Home and Healthy Office* is important reading for all of us, particularly people suffering multiple chemical sensitivities. With a bit of willpower and effort there are some practical solutions at hand that we can adopt quickly and easily.

### **ONE LIGHT: A Factual Experience** by Jon Whistler

Published by Light Pulsations Ionic Healing Pty Ltd (1996), Australia  
ISBN 0-646-27613-1 (244pp s/c)  
Price: AUD\$23.00 inc. p&h;  
AUD\$26.00 airmail to NZ; foreign airmail AUD\$30.00

Available: **Australia**—Ionictherapy Centres Pty Ltd, PO Box 102, Mowbray Heights, Tasmania 7248, ph +61 (0)3 344 5195, fax +61 (0)3 34 5176.

American geologist Jon Whistler's life changed utterly following his discovery of a shiny, cylindrical artefact at a digging site at Pallett Creek, California, in 1994. To the stunned amazement of Jon and his team, several days after the find the capsule emitted a blinding white light, which rendered

them immobile, and then a softer blue light out of which emerged a two-foot-tall holographic entity who identified himself as Zadore, Keeper of the Solar Gate.

In the course of Zadore's transmissions, Jon and his colleagues were given important revelations about Earth's origins as well as the illusory nature of the lower astral realms and the dark forces which inhabit them.

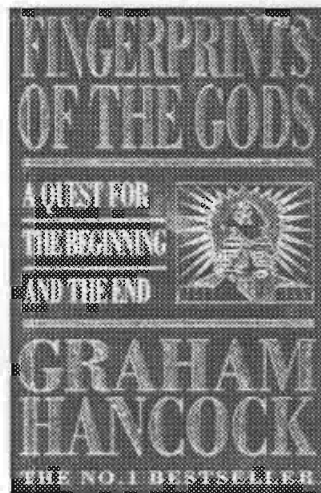
As fantastic as it may sound, *One Light* is a true story (although some names have been changed for privacy purposes), and its message is a great portent for humanity. Zadore issued a warning to Mankind that we have to wake up to our destructive habits and realise the shortcomings of our egos, or live in darkness for millennia. At the outset he promises to send a Vortex of Light and Healing to awaken our consciousnesses to higher dimensions so that our true Light essences may be freed.

*One Light* contains some frightening accounts of covert intelligence attempts to steal the cylinder and suppress the truth of Zadore's communications—and, in fact, the cylinder was destroyed in one such attempt. But it also tells of the triumph of love and light against the odds and announces the fulfilment of an ancient Hopi Indian prophecy.

### **FINGERPRINTS OF THE GODS** **A Quest For The Beginning and The End** by Graham Hancock

Published by Mandarin Paperbacks (1996) (first published by Heinemann, UK, 1995)

ISBN 0-7493-1454-0 (607pp p/b)  
Price: AUD\$14.95; NZD\$19.95;  
STG£6.99; USD\$17.00; CAN\$/n/a  
Available: **Aust**—Distributed by Reed Consumer Books, ph (03) 9245 7183;  
**NZ**—Dist. by Reed Books, ph (09) 480 6039; **UK**—Dist. by Reed Books, ph 0171 581 9393; **USA**—Dist. by Crown Publishing, ph (212) 572 26117;  
**Canada**—Doubleday, ph (416) 340 0777.



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Despite the risk of incurring the wrath of the academic establishment, author Graham Hancock has recognised the public's insatiable thirst for knowledge about our prehistory with the publication of his scholarly study, *Fingerprints of the Gods* (recently released in paperback).

Author of *The Sign and the Seal* which investigated the mysterious Ark of the Covenant, Hancock has valiantly synthesised the body of research covering myths and legends of planetary catastrophes, as well as archaeological, astronomical, cartographical and geological evidence for advanced ancient civilisations such as Atlantis, to draw some extraordinary connections and posit some fascinating conclusions.

Hancock's quest for hands-on understanding of our mysterious heritage has taken him around the world, and his accounts of his journeys through South and Central America as well as Egypt are particularly stimulating.

Considering the evidence for a number of unknown or legendary civilisations having been wiped out by planetary catastrophes several times in the past, Hancock points to the strong likelihood that another major planet-wide disaster may be upon us before too long. We can only wonder what remnants of our high-tech culture will be around for archaeologists of the distant future to ponder.

### A CHILD OF ETERNITY

#### An Extraordinary Young Girl's Message from the World Beyond

by **Adriana Rocha & Kristi Jorde**

Published by Judy Piatkus (Publishers) Ltd (1995), UK

ISBN 0-7499-1566-8 (315pp hc)

Price: AUD\$29.95; NZD\$49.95;

STG£12.99; USD\$n/a; CAN\$n/a

Available: **Australia**—Bookshops; dist. by Hodder Headline, Rydalmere, ph (02) 638 5299; **NZ**—Bookshops; dist. by David Bateman Ltd, ph (09) 415 7664, fax (09) 415 8892; **UK**—Bookshops; dist. by Piatkus Books, London, ph 0171 631 0710, freephone 0800 454816, fax 0171 436 7137; **Canada**—Dist. by General Publishing, 30 Lesmill Rd, Don Mills, Ontario, fax (416) 445 5967.

This is the profound story of Adriana Rocha, born in 1981 and diagnosed four years later as autistic. Unable to speak, Adriana from an early age displayed some very special qualities. *A Child of Eternity* is a story of courage, wisdom and hope written by Adriana and her mother, Kristi Jorde.

When Adriana was nine years old she was introduced to facilitated communication

(FC) and, with the aid of a computer and her mother's help in picking out the keys, she was at last able to express herself. She demonstrated an astute intelligence and a knowledge of scientific and spiritual matters to which she had hitherto not been exposed, and had obviously been keenly aware of everything going on around her.

Most astonishing, though, was when Adri began revealing through FC her awareness of her own past lives, spiritual masters and guides available to her on her path to enlightenment. Stunned at first, her mother Kristi was soon overcome by the authority of Adri's messages which include information about world karma, Earth changes, reincarnation, soul lessons and humanity's healing.

Through her telepathic connection with experience beyond time and space, Adri gives the world a wealth of insight into love, wisdom, hope and truth. Her revelations are an inspiration not only for parents caring for autistic children but for all of us looking to make sense of our lives and understand who we are and why we are here.

### ALIEN DISCUSSIONS: Proceedings of the Abduction Study Conference held at MIT, Cambridge, MA

edited by **Andrea Pritchard et al.**

Published by North Cambridge Press (1994), USA

ISBN 0-9644917-0-2 (684pp l/f hc)

Price: USD\$69.95 inc. p&h; USD\$75.00

airmail to Canada; USD\$75.00 surface

mail elsewhere; STG£53.95 inc. p&h

Available: **USA**—North Cambridge

Press, PO Box 241, North Cambridge

PO, Cambridge, MA 02140, USA, ph

(617) 354 6007, fax (617) 253 4876;

**UK**—Dist. by Bellevue Books, Sunbury-

on-Thames, Middlesex, England, ph

01932 765119, fax 01932 765429.

Back in 1992 when the Massachusetts Institute of Technology (MIT) hosted a conference devoted to the study of the mysterious alien abduction phenomenon, there were raised eyebrows amongst the scientific community and raised hopes amongst abductees that finally their claims were being taken seriously. *Alien Discussions* is the unabridged version of the conference proceedings and is a comprehensive guide to the body of information available on the subject.

Well-known researchers who attended the conference include Dr John Mack, Jenny Randles, John Alexander, Budd Hopkins, Dr David Jacobs and Dr Richard Boylan, and their presentations as well as those of many other contributors representing medical, psychological, scientific, religious, ufological and abductee perspectives are included in these pages.



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While not professing to give definitive explanations, *Alien Discussions* is a serious, multidisciplinary, detailed attempt to investigate this controversial phenomenon. It is an important reference for researchers dealing with abductees and for anyone who wants to delve further into this subject or come to terms with their own experiences.

### ESSIAC—FIGHTING THE CANCER IN OUR SYSTEMS (100 YEARS ON)

edited by C. MacDonald

Published by Essiac Importers (1995), NSW, Australia

ISBN n/a (492pp l/f s/c)

Price: AUD\$45.95 + AUD\$7.00

express p&h in Aust; NZ airmail add AUD\$23.00; UK/Europe airmail add AUD\$41.00; USA/Canada airmail add AUD\$37.00

Available: **Australia**—Essiac Importers, POB 310, Drummoyne, NSW 2047, ph/fax +61 (0)2 819 7612, t/f 008 658 373.

It's a monumental tragedy that so many people are deprived of good health (or have died) because they've been denied access to information about treatments that could really alleviate their suffering. If modern medical practitioners and mainstream media would only take on board this information about alternative treatments for cancer and other treatable illnesses, this sorry situation could be dramatically and quickly changed (although this doesn't bring back those whom mainstream medicine could not save).

This weighty volume, *Essiac—Fighting the Cancer in our Systems*, highlights not only the political obstacles to the medical profession taking up alternatives, but details the choices that are available if only patients and practitioners knew about their benefits or were not prevented from adopting them.

While focussing on Essiac—the herbal remedy developed in the 1920s by Canadian nurse René Caisse (b.1888, d.1978) to treat everything from cancer to chronic fatigue syndrome, and based on a traditional native recipe—this text also discusses the efficacy of many other alternative as well as conventional treatments and incorporates valuable case-study information and statistics. Many instances are reported of terminal patients who have lived for more than 30 years with no recurrence of their cancers.

Despite the millions of dollars expended annually on research, cancer remains a mystery in the mainstream where treatment is a hit-and-mostly-miss affair. How long will it be before such researchers and practitioners realise that they—and, indeed, society—can no longer afford to ignore such obviously effective treatments as Essiac?

### TRANSCFORMATION OF AMERICA

The True Life Story of a CIA Slave

by Cathy O'Brien with Mark Phillips

Published by Global Trance Formation Info Ltd (1995), Tennessee, USA

ISBN n/a (244pp s/c)

Price: USD\$15.00 + USD\$3.00 p&h in USA; Canada add USD\$4.50; foreign orders, write for p&h quote

Available: **USA**—GTFI Ltd, PO Box 158352, Nashville, TN 37215, USA, ph toll-free 1800 342 8920.

This book is amongst the most shocking ever to reach this desk. *TRANSCFORMATION of America* is the chronicle of Cathy O'Brien, a recovered survivor of the CIA's infamous *MK-ULTRA Project Monarch* mind-control operation, and of Mark Phillips, the courageous man who rescued her (and her daughter) in 1988 from certain death and helped her recover her memories and regain some control over her life.

Cathy O'Brien's troubles began at birth (in 1957) when she was subjected to constant abuse by her family. As she grew up, her father ensnared her in a corrupt paedophile ring and eventually sold her out to the CIA where, under the auspices of *Project Monarch*, Cathy became a mind-controlled White House sex slave deprived of any love, free will or self-respect and forced to endure drug- and electro-induced torture.

This book names names at the very top—the so-called leaders of America (and elsewhere), including presidents, senators, the military, churchmen and even well-known entertainers—and will horrify law-abiding citizens who think they live in a democratic society that values freedom, truth and justice. Cathy reveals a smattering of what *really* goes on in the halls of power: perverse scenarios of paedophilia, prostitution, pornography, bestiality, occult rituals, narcotics trafficking, gun-running, sordid state secrets, and disturbing New World Order agendas designed to enslave us all.

These warped perpetrators never envisaged she would recover her memory, let alone live, as the mind/behaviour modifications had been deemed infallible. However, since her rescue, and despite subsequent attempts on her life, Cathy has at least been able to recruit some sympathetic doctors and psychiatrists to help her and verify her claims. These documents are presented herein.

In an attempt to expose these madmen in high places and obtain some modicum of protection, Cathy and Mark have circulated their story over the last few years to a vast number of politicians and authorities, but their efforts have been stonewalled for reasons of national security.

*TRANSCFORMATION of America* will sicken you to the core and is not recommended for the faint-hearted.

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## AUDIO

Reviews by Richard Giles

### I'M NOT HYPER, ANGRY OR LAZY by Rod Markham

Produced by Rod Markham for WWF (1995), Australia

Price: AUD\$18.95 + overseas p&h (cassette only) (60mins)

Available: **Australia**—Natural Symphonies, PO Box 252, Camden, NSW, 2570, ph +61 (0)46 55 1800, fax +61 (0)46 55 9434.

Attention Deficit Disorder (ADD) is the new childhood disease of the '90s. Every day in Australia today, 16,000 children take a drug called Ritalin or Dexamphetamine to suppress impulsive behaviour and become model students. A generation of children on amphetamines! Is there no other way?

Rod Markham is a clinical hypnotherapist who, concerned about children on drugs, set out to design an audiocassette that caters for children with restlessness and impulsive behaviour diagnosed as ADD. The cassette gives children self-esteem, relaxation skills, self-purpose and concentration skills. Just listening to this every night for a few weeks while going to sleep has proved extremely effective for ADD children. Highly recommended.

### MIXED SPICE

by Riley Lee

Produced by Riley Lee for New World Productions (1995), Qld, Australia

Price: AUD\$18.95 (cass.), AUD\$28.95 (CD); STG£6.95 (cass.), STG£10.95 (CD) (56mins)

Available: **Australia**—New World Productions, ph +61 (0)7 3367 0788, fax +61 (0)7 3367 2441; **UK**—New World Company, ph +44 09 8678 1682.

The combination of shakuhachi flute by Riley Lee, sitar by Alan Posselt, tabla by Aneesh Pradhan, and tanpura by Derek Russell produces another of the fabulous Riley Lee recordings that intrigue and entrance. If you are an *aficionado* of Indian music, you'll find this album definitely to your liking. A collection of exciting, creative work with a fine shakuhachi blending with the Indian sub-continent sound. Recommended.

### REALM OF THE RIVER KING

by David Pickvance

Produced by David Pickvance for New World Productions (1996), Australia

Price: AUD\$18.95 (cass.), AUD\$28.95 (CD); STG£6.95 (cass.), STG£10.95 (CD) (64mins)

Available: **Aust**—New World Productions, ph +61 (0)7 3367 0788,

fax+61 (0)7 3367 2441; **UK**—New World Company, ph +44 09 8678 1682.

David Pickvance has released his second album, *Realm of the River King*, and, like his first work (see Reviews, NEXUS vol. 2#22), this is another fantastic musical treat from a young, talented composer.

The wonderful, lush grandeur of the music is certain to lift your spirit and have you soaring along the lilting waterways of David's imagination. His wealth of creative energy really flows here. This is an album that deserves great praise. It's another orchestral classic from New World.

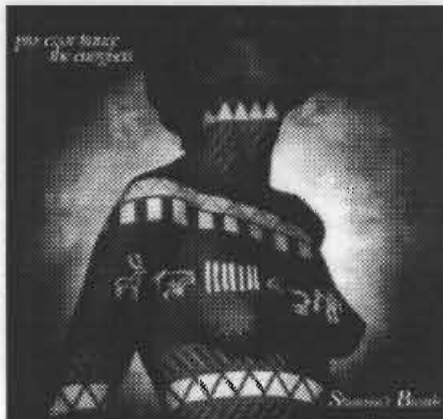
### MUSIC FOR A CHANGING WORLD from Xenophile Records

Compiled by Kevin Yatarola for Xenophile (1995), USA

Price: AUD\$19.95 (cass.), AUD\$29.95 (CD); USD\$5.00 (cass.), USD\$10.00 (CD) (58mins)

Available: **Aust**—Movieplay Australia, ph +61 (0)2 9905 0199; **USA**—Xenophile, Danbury, CT, ph (203) 730 0333, toll-free 1 800 468 6644.

Looking for a compilation of world music to sample all the various styles? Then this album is for you. It features Haitian, Latin, African, Ukrainian, Spanish, Finnish, Cuban, Mexican and others. The album celebrates the ability of music to transcend racial barriers and unite—and have a good time! The Cuban and African offerings are particularly exciting. Listen in also to the Madagascan band, Tarika, and the unusual Finnish women's group, Värttinä. A great collection.



### SHAMAN'S BREATH

by Professor Trance & the Energisers

Produced by Joe Galda and Frank Natale for Island Records (1995), USA

Price: AUD\$19.95 (cass.), AUD\$29.95 (CD); USD\$10.98 (cass.), USD\$16.98 (CD) (59mins)

Available: **Aust**—Island/Mercury, ph +61 (0)2 207 0500; **USA**—Dist. by Island Records, New York, ph (212) 603 3947.





# REVIEWS

## AUDIO

If you love that primitive, ecstatic sound of the trance dance music that's popular now, Professor Trance & the Energisers are going to lift your soul and shake your body like never before.

The origins of trance dance go to ancient shamanic practices where traditional people use the trance-like dance state achieved by rhythmic percussion to achieve a connection with nature and the Earth, and cross from the physical to the spirit in all. *Shaman's Breath* takes you there. The people involved with the album, the Natale Institute in Europe, hold regular drumming circles and seminars. Hot, hip-moving music.



### ALL IS ONE

by Yulara

Produced by Robert Matt for Ultimate Music (1996), Berlin, Germany  
Price: AUD\$19.95 (cass.), AUD\$29.95 (CD); USD\$10.00 (cass.), USD\$15.00 (CD) (61mins)

Available: **Australia**—MRA Entertainment, ph +61 (0)7 3849 6020; **USA**—Higher Octave Music, Malibu, CA, ph (310) 589 1515, fax (310) 589 1525.

A wonderful album of relaxed Latin and jazz rhythms that takes a trip around the world to the special places of the Earth. Saxophones, flute, keyboards and guitars join with the didjeridu to create sounds of the planet where all is one. On several tracks, Yulara combine with the sound of Aboriginal chanting and 'didj'.

If you enjoy the laid-back sound of good jazz, this is a must-listen CD. My favourite track is the last, titled "Ho Doi", lasting 14 minutes. Recommended.

### RAINDREAMING

by Stairway

Produced for Oasis (1995), Canada  
Price: AUD\$19.95 (cass.), AUD\$29.95 (CD); USD\$10.99, CAN\$10.99 (cass.)

USD\$15.99, CAN\$15.99 (CD) (73mins)  
Available: **Aust**—Movieplay Australia, ph +61 (0)2 9905 0199; **Canada**—Oasis Productions, Toronto, Ontario, ph (416) 467 8820, 1 800 554 0855, fax (416) 467 9528,

To tempt you '60s music fans-turned ambient, *Raindreaming* is an album from Jim McCarty (ex-Yardbirds) and Loui Cennamo (ex-Renaissance, Colosseum) in their quest to find a style that aids relaxation and unwinding. This album has some beautiful tracks that will impress with their musical sublimity. Natural sounds have been added—water, whale songs and rain—to shift your brain to a relaxed state through quiet contemplation. Well worth listening to, from a couple of greats of the '60s.

### ESCAPE

by Mars Lasar

Produced for Real Music (1995), USA  
Price: AUD\$19.95 (cass.), AUD\$29.95 (CD); USD\$9.98 (cass.), USD\$15.98 (CD) (60mins)

Available: **Aust**—New World Prodn, ph +61 (0)7 3367 0788, fax +61 (0)7 3367 2441; **USA**—Real Music, Sausalito, CA, ph (415) 331 8273, fax (415) 331 8278.

An Australian who now lives in the USA, Mars Lasar has produced several stunning albums including the groundbreaking *Olympus* which took his work to the top of the ambient charts around the world.

The new album, *Escape*, attempts to blend the creative inner with the outer world, offering sounds for nurturing the force within each of us. He has a superb, sweeping musical power here that carries the listener inside to the very centre within. Highly recommended.

### SECRET GARDEN

by Fionnuala Sherry & Rolf Lovland

Produced for Polygram, Norway (1995)  
Price: AUD\$19.95 (cass.), AUD\$29.95 (CD); USD\$n/a (44mins)

Available: **Australia**—Polygram, Sydney, ph +61 (0)2 332 2664; **Europe**—Polygram, Norway, ph +47 22 436060; **USA**—Mercury, New York, ph (212) 603 3947.

The surging popularity of Celtic music is producing a huge range of new material in the style. This album, containing an award-winning song, "Nocturne" (1995 Eurovision Song Contest), has been capturing hearts across Europe with its combination of simple classical, ambient and Celtic music from Norwegian composer Rolf Lovland and Irish violinist Fionnuala Sherry. They have produced a delightful series of timeless compositions that will entrance the ear on the very first hearing. Warm and heartfelt music from two accomplished musicians.